

**Gateway Speedskating Club  
2015-2016 Season  
FAQ's**

**[www.gatewayspeedskating.org](http://www.gatewayspeedskating.org)**

**Who can join?**

- Anyone who has an interest in the sport of speedskating.
- It is recommended that children are 4 years old before starting due to physical developmental needs.
- Prior skating experience is helpful, but not needed.
- There are no tryouts.

**How many practices can I come to?**

The schedule varies slightly based on holidays and skating meets, but generally a skater may attend a minimum of three hour-long practices a week.

*A few comments about the schedule...*

- \* Adjustments may be made, so recheck the website periodically
- \* Each skater will be evaluated at the beginning of the season by the coaches and given a Class A or Class B (novice) designation.
- \* If the practice sessions become too crowded, the coaches may tell a skater to only attend the session they have been designated. This may be done for safety issues or better coaching for all.
- \* The coaches continually evaluate skaters, so please speak to one if you wish to advance from Class B to Class A.
- \* **There is an additional 15 minutes added to the first practice period to set up safety pads and have skates on so practice begins promptly!**

**Pad Setup and Takedown**

All families are required to assist in pad setup and takedown. Please indicate on the membership form which day your family will be assisting with pads.

**Fundraising?**

The membership dues go 100% towards meeting our ice expenses. Often dues alone are not enough, so additional donations & fundraising are needed. Gateway participates in the Schnuck's SCRIP program.

**Gateway Code of Conduct**

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

• Trustworthiness • Respect • Responsibility • Fairness • Caring • Good Citizenship

As a member of Gateway, I will endeavor to uphold these principles during all club events, training and competitions. Skaters, parents, and coaches are expected to show a positive, respectful attitude for everyone involved in the sport. As a club, we will not tolerate conduct that is detrimental to the sport, the participants, or the community. Such conduct includes: vulgarity by coaches, skaters or parents; harassment or belittling of officials, coaches or skaters; verbal abuse, threats or physical violence toward anyone at any time. Violations may result in suspension or expulsion from the club, per the Gateway bylaws Section 3, Denial of Membership.

**How much are membership dues?**

Gateway strives to maintain a dues level that will not prohibit a skater from participating, however, we must be able to pay the rink for our ice-time. After reviewing our anticipated schedule the Board has established the following member dues for the 2015-16 season:

Skaters age 4-7 (as of July 1, 2015) = \$350

Skaters age 8-11 (as of July 1, 2015) = \$450

Skater age 12 & over (as of July 1, 2015) = \$600

Family Max = \$1800

**All dues must be paid at the time of registration**

A per session rate is available for skaters who are full members of another USS affiliated club or a family member of a Gateway Speedskating Club member. Skaters using the per session rate are required to be members in good standing with MOSA and US Speedskating.

**Other Expenses that are required:**

Anyone on the ice, including skaters, coaches and anyone assisting on the ice must be registered with the following associations:

**MSA** – Missouri Speedskating Association  
\$25 (form at [www.mospeedskating.org](http://www.mospeedskating.org))

**USS** – US Speedskating  
\$30 1st year skaters, \$55 Club Competitor/Recreational Member,  
\$95 National Level Competitor, \$30 Coach/Official/Club Officer  
(register on-line at [www.usspeedskating.org](http://www.usspeedskating.org))

We are an affiliate of these organizations and a skater will not be allowed on the ice or to compete in a race without these memberships.

These memberships are handled directly with the organizations. Gateway does not process them. If you need any assistance please ask a board member.

**Equipment?**

Skaters often start in hockey skates (or figure skates) until speed skates can be obtained. Often there are used skates available for sale or the coaches may recommend a retailer for you. Gateway has a small skate rental program. Contact Lacy Goodwin for information ([lacygoodwin@me.com](mailto:lacygoodwin@me.com)). Required equipment includes an approved hard shell helmet, neck guard, long sleeves and long pants (not loose around the ankles), gloves, knee pads & shin guards. Elbow pads are recommended.

# Gateway Speedskating Club Registration

September 9, 2015–September 30, 2016

Mail to: Jim Blessing, 1520 Whetstone Ct, Wildwood MO, 63038

Or email completed form to [jblessing@ameren.com](mailto:jblessing@ameren.com)



Last Name: \_\_\_\_\_

First Name	DOB	US Speedskating # (Required)	Membership Type (Skater 4-7/Skater 8-11/Skater 12 & up/Coach/Non-Member Guest)	Skate Rental? (Yes or No)
	/ /			
	/ /			
	/ /			
	/ /			
	/ /			
	/ /			
	/ /			

Parent or Guardian Name: \_\_\_\_\_

\_\_\_\_\_ Skater Age 4-7\* @ \$350 = \$ \_\_\_\_\_

\_\_\_\_\_ Skaters Age 8-11\* @ \$450 = \$ \_\_\_\_\_

\_\_\_\_\_ Skaters Age 12 & up\* @ \$600 = \$ \_\_\_\_\_

Relationship: \_\_\_\_\_

Membership Total = \$ \_\_\_\_\_ (\$1800 family max)

Street Address: \_\_\_\_\_

\_\_\_\_\_ Skate Rentals @ \$75 = \$ \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

\*-Age as of 7/1/15 Total Due = \$ \_\_\_\_\_

**All dues must be paid at the time of registration**

Phone Number / Cellular Number \_\_\_\_\_ / \_\_\_\_\_

E-Mail: \_\_\_\_\_

### **Pad Setup and Takedown**

Please circle the day your family commits to assist with pad Setup and Takedown

**Sunday / Wednesday / Thursday**

Do any of the skaters have a special need that the Club Board Members or Coaches need to be aware of? If Yes, please check whom you'd like to speak with.

\_\_\_\_\_ Coach  
\_\_\_\_\_ Club Officer

I understand that the Gateway Speedskating Club is a sanctioned affiliate of the Missouri Speedskating Association & U.S. Speedskating, and as such, each skater listed above must join these organizations. By signing below I certify that each skater above are members in good standing of the Missouri Speedskating Association and U.S. Speedskating and such membership will be maintained throughout the 2015-16 skating season (September 9, 2015 through September 30, 2016).

I also agree to the Gateway Code of Conduct. Skaters and their families will follow all rules and speak respectfully to all other skaters, parents, coaches, and officials. This includes behavior at all practices and meets, on and off the ice, and when representing Gateway Speedskating Club at other rinks and locations.

I acknowledge that speedskating is a dangerous sport, therefore, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Gateway Speedskating Club, its coaches, ice assistants, officers and directors, the City of Kirkwood, and all individuals associated with planning or conducting of Gateway Speedskating Club events and practices, their representatives, successors and assigns for any and all injuries suffered by me or any of the skaters listed above in connection with attendance at any Gateway Speedskating Club function or any claim for loss of personal property of any description. I agree that I and each skater listed above will wear approved safety equipment consisting of helmet, gloves, shin guards, knee pads, neck guards, and long sleeved shirt & long pants. I also grant permission to the organizers to use the names and photographs, videotapes or other recordings of the skaters listed above participation in the Gateway Speedskating Club for any lawful purpose, including marketing material and Gateway social media outlets. My signature below acknowledges this waiver and release of claims, and verifies that all information given, including age is correct.

Each skater age 18 or older must sign below

Skater #1 \_\_\_\_\_ Skater #2 \_\_\_\_\_ Skater #3 \_\_\_\_\_

Skater #4 \_\_\_\_\_ Skater #5 \_\_\_\_\_ Skater #6 \_\_\_\_\_

Parent/Guardian for all skaters (if any) under age 18: \_\_\_\_\_ Date: \_\_\_\_\_

I hereby grant authority to any coach, officer, or adult in attendance who is associated with the Gateway Speedskating Club to obtain, if possible, for the above named skater(s), whatever medical aid and treatment might be necessary during Speedskating activities sanctioned by the Gateway Speedskating Club. Said authority shall include travel to, from and during the activity.

I, the undersigned parent or guardian, also agree to hold the Gateway Speedskating Club, and any person acting pursuant to the above authority harmless from any and all claims and agree to pay any medical bills or expenses arising from any medical aid and treatment rendered to or for the above named skater(s).

Each skater age 18 or older must sign below

Skater #1 \_\_\_\_\_ Skater #2 \_\_\_\_\_ Skater #3 \_\_\_\_\_

Skater #4 \_\_\_\_\_ Skater #5 \_\_\_\_\_ Skater #6 \_\_\_\_\_

Parent/Guardian for all skaters (if any) under age 18: \_\_\_\_\_ Date: \_\_\_\_\_